

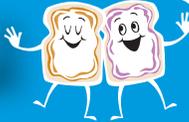
April 2020

HA-HA! LOL FOOL

National Humor Month! **Laugh it up!**

1 Read a book that helps you smile on the inside!

Atta Girl!

2  National Peanut Butter & Jelly Day. Eat a BIG one!

3 National Walk to Work Day! If you're working from home, take a walk around the block & come back!

4  Watch yet another comedy on Netflix.

5 Tuesday is the PINK FULL MOON!  Plan a fun ritual. It symbolizes rebirth & renewal!

6 Teflon Day! Don't let negative things stick to you today!

7 World Health Day Send a nurse a funny card today. Tell she/he how much you appreciate them!

8 Schedule a Crazy Hat Zoom Call for your office today! 

9 Shoot a Video of you dancing and post it on social media! Make people smile! 

10  National Siblings Day! Blame something on your sister or brother!

11  Text someone that you don't have time to text right now.

12 Put a "Kick Me" sign on your back. No one will be able to get close enough to do it. 

13 Play a game of scrabble. Swear or politically incorrect words get double points! 

14 National Pecan Day!  Be a nut!

15 Make it a Wackadoodle Wednesday! Do something crazy that you've never done before! 

16  National Quit Worrying day! (I made this up but it's a good one!)

17  Wear a cape to your virtual meeting today.

18  Invite everyone to a Zoom Virtual Dance Party!

19  Post a funny meme on Facebook or Instagram today!

20 Look Alike Day! Do a virtual meeting where everyone wears blue.

21 Skip today! No one will see you! 

22  Earth Day! Go get dirty!

23  New Moon! Howl at the empty sky today! Make people think you've lost it!

24 # Say everything with a hashtag. For example, #hello.

25  World Penguin Day! Watch HAPPY FEET!

26  Watch some stand-up comedy routines on Youtube.

27 Wear a pair of Groucho glasses if you do a zoom call today! 

28  Do only things that make you happy today! 

29  Buy a bottle of bubbles and have some fun!!

30  Play an April Fool's Joke on someone. Tell them, "It's still April and you're still a fool!"

Laughter is healing!
This month, more than ever, laugh when you can and brighten up others' lives, too! Support your local businesses as much as you can. Tip even when you don't need to! You can still socially connect while social distancing!

#KEK  